

# Individual Package Pricing

January 11<sup>th</sup>, 2010 – May 1<sup>st</sup>, 2010

All packages expire May 1<sup>st</sup>, 2010

All packages are non-refundable and non-transferable. GST is extra.

	# of classes	Price
ABSolute Core Training	16	200.00
	30	360.00
Belly Fit	13	245.70
	15	272.25
Body Blast II	16	302.40
Boot Camp Chaos	12	235.44
	14	258.58
Cardio Body Series (Cardio Body Blitz & Cardio Body Blast)	16	288.00
	30	495.00
	45	708.75
Core Pilates AM classes only	16	302.40
	32	580.80
Core Pilates Wednesday PM only	16	302.40

	# of classes	Price
Organic Stretch	13	259.35
	15	283.50
Relaxing Hatha Yoga	14	264.60
Tai Chi Fit	14	271.88
	16	304.00
Vital Yoga AM classes only	16	302.40
	30	544.50
Vital Yoga Wednesday PM only	16	302.40
Zumba	16	302.40
	31	562.65
<b>FLEX*</b>	<b>16</b>	<b>350.00</b>
<b>FLEX*</b>	<b>32</b>	<b>625.00</b>
<b>Unlimited*</b>	<b>--</b>	<b>650.00</b>
*Flex and unlimited packages DO NOT include the specialty packages, Lean Teen Series and any classes on the schedule that are full.		

Specialty Packages		
	Days	Price
Bone Building Workout	16	400.00
	30	750.00
	45	1125.00
Super Circuit Training Plus 14 sessions	Mondays 6:30am – 7:30am	420.00
Team Fit Training 16 sessions	Tuesdays 5:30pm – 6:30pm	480.00
Team Fit Training 16 sessions	Thursdays 6:30am – 7:30am	480.00
Team Fit Training 16 sessions	Thursdays 7:30pm – 8:30pm	480.00
Team Fit Training 15 sessions	Fridays 5:30pm – 6:30pm	450.00
Please note that there are no make ups for missed team fit training sessions.		

Lean Teen Series January 18 – May 1, 2010		
	# of classes	Price
Lean Teen Boot Camp Mondays	13	221.00
Lean Teen Body Blitz Wednesdays	15	255.00
Lean Teen Boot Camp Saturdays	14	238.00
Packages expire May 1, 2010 GST included in Lean Teen prices.		